

Talk To

Sheila Rege, MD

Experienced vision for tomorrow's challenges



- Vice Chair, Washington State AMA Delegation
- Specialty Advisor, AMA RUC
- ASTRO Code Development & Valuation Committee
- Chair, ACRO Government Relations & Economics Committee
- Board Member, Washington State Medical Association
- Board Member, Physicians Insurance
- Board Member, ACRO
- Past President, Benton Franklin County Medical Society

Sheila Rege, MD



Dr. Rege has impressed me with her intelligence, common sense and leadership on socioeconomic issues. We need physician leaders like her on our AMA CMS during this period of major transformation of healthcare reimbursement.”

— Albert Blumberg, MD
Past President, American
College of Radiology

**Tell Sheila what concerns you most
about the changes ahead for our profession:**



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Meet Sheila Rege, MD, FACRO

Sheila Rege emigrated to the U.S. from India as a teenager with just \$28 to her name. By 19, she had graduated from UC – Berkeley and started medical school at UCLA. A radiation oncologist, Dr. Rege has been a Specialty Advisor to our AMA RUC and now serves as specialty leader for CPT and APM. Her background makes her an outstanding candidate to analyze the changing health care landscape confronting all physicians.

As an oncologist, Dr. Rege often provides primary care services for her patients, and Dr. Rege understands the challenges that PCPs face every day.

Dr. Rege practiced in large academic institutions, large groups and now, a two-physician private-practice clinic in an under-served rural area in Washington state. She has “walked the walk” in each setting, including a recent meaningful use audit.

Why choose Sheila?

Change already has begun. Dr. Rege has served our profession on these issues on both a local and national level.

Based on her experienced vision:

- New payment models must be designed by physicians, fair and less burdensome – values Dr. Rege has worked for as a Specialty Advisor for our AMA RUC providing counsel on CPT and alternative payment models.
- The growing hassle factor must be halted through transparency, EHR interoperability and consistent forms and metrics. Dr. Rege successfully led a physician task force that brought three different health systems to collaborate on EHR data interoperability issues.
- Value-based care has to have real value – and cannot force a physician to become employed or to close a practice. Doctors must be allowed to choose practice settings where they will thrive. That's why Dr. Rege practices today in a small rural clinic and helps employed colleagues with medical staff issues.

Fun Fact

Dr. Rege's name is pronounced “reggae” – just like the genre of music!

Dr. Sheila Rege is a passionate advocate for her patients – and her colleagues. She's a proven consensus-builder with a gift for analyzing situations and finding common ground. Dr. Rege is a tireless activist.

Talk To

Sheila Rege, MD

for Council on Medical Service

“

Dr. Sheila Rege's leadership makes a difference both locally and nationally. She is a teacher, mentor and leader who inspires young physicians, residents and students, defends senior physicians and cares passionately for patients. Dr. Rege is our go-to expert on medical service issues.”

— Ray Hsiao, MD
President, Washington State
Medical Association

